



HOW MUCH FOOD SHOULD I HAVE PREPARED, COOKED, OR DELIVERED?

Please bring 30-35 servings of whatever is being prepared. Plates, cups, napkins, and plastic utensils are appreciated, but not required.

IS THERE ANYTHING I SHOULD AVOID BRINGING?

Please avoid major allergens like nuts and shellfish.

DO YOU HAVE ANY SUGGESTIONS FOR MEALS THE YOUNG PEOPLE WOULD ENJOY?

Our youth love breakfast for dinner, Chinese food, Mexican food, fried chicken, sandwiches, BBQ, and burgers. They appreciate home cooking, store-bought, fast food, or restaurant catered - a good variety keeps them happy & healthy.

WHERE DO I DROP OFF THE FOOD?

Park under the carport on the west side of the Church of Open Arms at 3131 N Pennsylvania Ave, OKC, OK 73112 and call 405-459-7478. It will take staff a few minutes to come up from the basement and greet you. Please relay this information to delivery drivers if you order dinner through a food delivery app.

You can also contact us at volunteer@sisuyouth.org

WHAT APPLIANCES DO YOU HAVE ACCESS TO?

We have a crockpot and a microwave for the youth to use. Please bring everything in disposable containers or ask staff if you can transfer the contents of your crockpot to ours. A crockpot liner is always appreciated!

AM I SUPPOSED TO BRING DRINKS OR DESSERTS?

We always have water available, but the youth always appreciate a variety such as juice, sports drinks, milk, and soda. If you'd like to bring dessert, they will eat it! Dessert isn't expected, but a nice treat!

IS THERE SOMETHING ELSE I CAN BRING?

We always accept shelf-stable food such as ramen, mac and cheese, Chef Boyardee (with pop tops), and Hormel Compleats.

WHAT IF TIME BECOMES A FACTOR?

We understand that life happens. If you cannot make your meal, you can also make a donation to us and we'll have staff make arrangements for dinner. It averages about \$175/night to feed the youth. Donations can be made at www.sisuyouth.org/donate or via Venmo at @SisuYouth

WHAT TIME DO I DROP FOOD OFF?

Dinner can be dropped off every evening from 4-6 pm and Saturday lunch from 10-11 am.